



The England and Premier League Striker wanted to convert the garage space in his home into a functional gym for use away from the training ground, for himself and his family.

Featuring a range of equipment, from CV to strength, and specialist flywheel products.



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## CASE STUDY BOWDEN HOUSE

### EQUIPMENT

VertiMax V8

kBox4 Pro

Black Bumper Plates

Dumbbell Set

7ft Hex Bar

Storage Rack

Performance Wall Mounted Rack

Spirit CT850 Treadmill

Flooring

Storage Solutions