



PB

**PERFORM
BETTER**

sales@performbetter.co.uk
www.performbetter.co.uk
01926 813916

“ WE HAVE WORKED WITH PERFORM BETTER TO FIT OUT BOTH OUR BOUTIQUE GYMS. IT WAS EXTREMELY IMPORTANT TO US THAT BOTH GYMS DISPLAYED A HIGH LEVEL OF QUALITY AND THAT IS EXACTLY WHAT PERFORM BETTER DELIVERED. WHEN IT CAME TO THE FIT OUT PERFORM BETTER WERE EXCELLENT. PB'S AFTER CARE IS ALSO FANTASTIC - NEVER IS A PROBLEM TOO SMALL. PLUS THEY'RE A LOVELY BUNCH. I CAN'T RECOMMEND THEM ENOUGH.

Matt Kay - Owner.

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CASE STUDY FITISM BAKEWELL

EQUIPMENT

Bespoke Training Rig

Concept2 Rowers

Spin Bikes

Rubber and Artificial Turf Flooring

Prowlers

Weighted Vests

Dumbbells

Kettlebells

Olympic Discs

Suspension Training Stations

Training Ropes

Foam Rollers

Fitism Bakewell is a private facility which offers personal training and small group classes.

They have been running for over 10 years working with 1000's of people helping them achieve some truly remarkable results.

Perform Better were commissioned to design a bespoke training rig and equip the elite training facility at Fitism in Bakewell, Derbyshire.

