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**FITISM**



## CASE STUDY FITISM WILMSLOW

### EQUIPMENT

Infinity Rig

Olympic Bars and PB Discs

Kettlebells

Dumbbells

Concept Rowers

Assult Air Bikes

Spinning Bikes

Training Ropes

After the successful first three years at their facility in Bakewell, Derbyshire, Fitism have opened their second facility in Wilmslow, Cheshire. Four squash courts have been converted at Wilmslow Rugby Club to provide the Gym floor and Juice bar and a mezzanine level has been created to provide a boxing room plus a Ride Spinning studio.

After previously equipping the Bakewell facility Perform Better were selected again to provide an Infinity Rig with 6 lifting stations, Olympic Bars and Discs, Kettlebells and Dumbbells, Concept Rowers, Assult Air Bikes, Spinning Bikes, Training Ropes and a variety of other functional training equipment.