



The purpose of the organisation is to train and develop the best boxers from England, Scotland and Wales and give them the best possible opportunity to win medals at major international tournaments and Olympic Games.

In 2021 the decision was taken to refurbish the Strength & Conditioning facility at the GB Boxing headquarters. A number of suppliers were requested to tender for the project- Perform Better were successful and awarded the contract.



sales@performbetter.co.uk www.performbetter.co.uk 01926 813916



CASE STUDY GB BOXING NATIONAL PERFORMANCE CENTRE

EQUIPMENT

Half Rack Multi Pulley Olympic Discs and Bars Rubber Dumbbell Set Medicine Ball Set Prone Row Bench DC Blocks Weighted Vests Strength Bands