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PERFORM BETTER HAVE CONSISTENTLY DELIVERED OUTSTANDING PRODUCTS WITH A FIRST-CLASS SERVICE. THE AFTER-CARE SALES AND CUSTOMER SERVICE CONTINUES TO BE EXCELLENT. I AM LUCKY TO HAVE A GREAT WORKING RELATIONSHIP WITH PERFORM BETTER AND FEEL CONFIDENT THEY'LL ALWAYS PROVIDE AN EXCELLENT PRODUCT.

Chris Short - Head of Sport Science.



In 2018 Perform Better were selected to refurbish the Strength and Conditioning facility at the Club and supplied three Standard half racks, leg press, Keiser bikes, Wattbikes, treadmills and a range of Sport Science equipment.

In 2020 the Club were keen to re-invest in the facility and added a Keiser Squat, new dumbbells, kettlebells and 10 more Keiser M3 spin bikes.





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## CASE STUDY OXFORD UNITED FC

## **EQUIPMENT**

Keiser M3 Spin Bikes

Keiser Squat

Dumbbells

Kettlebells

**Watthikes** 

Leg Press

Standard Half Rack