



Premier League and England defender, wanted to convert garage space into a gym space for home workouts, to build on strength and fitness while away from the training ground.

The client had used Perform Better equipment in his professional club, so were the best choice when converting his garage into a home gym.



“ I USED PB FOR MY HOME GYM AND FROM START TO FINISH EVERYTHING WAS REALLY EASY FOR ME, FROM SEEING THE SPACE IN THE DESIGN SOFTWARE TO PLANNING AND CHOOSING THE FLOORING AND EQUIPMENT. I USE THE EQUIPMENT OFTEN AND IT'S BRILLIANT, NO COMPLAINTS FROM ME. I'M MADE UP WITH IT! ”

PB
**PERFORM
BETTER**

sales@performbetter.co.uk

www.performbetter.co.uk

01926 813916

CASE STUDY WIDNES HOME GYM

EQUIPMENT

Performance Squat Stands

Olympic Bar

Hex Bar

Black bumper disc set

Olympic Discs Toast Rack

Dumbbell Set and Rack

Adjustable Bench

Foam Plyo Cube

Strength band set

Keiser Spin Bike

30mm Strength flooring