



Al-Ahli Club is a United Arab Emirates professional association football club based in Dubai, that currently plays in the UAE Arabian Gulf League. Established in 1958, Al-Ahli is one of the most successful clubs in the UAE.

Perform Better were commissioned to fit out the Conditioning Room at Al Ahli Football Club in Dubai. Following a competitive tender process Perform Better were selected as the preferred supplier to design and install the facility.



PB

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BETTER**

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CASE STUDY AL AHLI FC

EQUIPMENT

Multi Function Racks with
Lifting Platform

Benches

Keiser Functional Trainer

Plyo Boxes

Core Plate

Dumbbells

Olympic Discs