



# PB

**PERFORM  
BETTER**

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## CASE STUDY CHEADLE HULME SCHOOL

“  
WE SELECTED PERFORM BETTER DUE TO THE QUALITY OF THEIR  
EQUIPMENT AND THEIR EXPERIENCE AND EXPERTISE. WE HAVE BEEN  
VERY HAPPY WITH THE LEVELS OF SERVICE AND WITH THE EXCELLENT  
FACILITY WE HAVE DEVELOPED.”

Paul Stonier - Head of Strength & Conditioning, Cheadle Hulme School.

## EQUIPMENT

Performance Half Racks

Performance Lifting Platforms

Adjustable Benches

Glute Ham Bench. Multi Pulley

Dumbbell Set and Rack

Kettlebell Set and Rack

Medicine Ball Set and Rack

Olympic Bars and Discs

TRX Suspension Trainers

Cybex Treadmill, Foam Plyo Box Set

Prowler, Wattbikes

Spinning Bikes

Concept Rowers



Cheadle Hulme School recently built a new Sports Pavilion which includes an indoor sports hall, changing rooms, two Fitness Studios and a new Strength and Conditioning Room. Perform Better were selected ahead of a number of other equipment suppliers to equip the new facility and worked closely with the staff to come up with an equipment list and layout that made the best use of space in the room. The new facility has given the school a facility that will cater for the School's sports teams, the Sports Scholars and can also be used in curriculum as part of PE lessons.