



Following almost 3 years of planning and designs, Culford School made the decision to convert a double squash court area they were using as an S&C suite and commercial gym. The majority of the dividing wall, the full length court glass wall and access doors were removed to create a much more open space and allow better flow of users throughout the facility.

“This was much needed as lots of the equipment was dated but particularly due to the increase in pupil uptake of the strength and conditioning programme. We wanted to create an inspiring open space that would improve the programme delivery, pupil experience and allow for whole teams to train.”

James Earle – Head of Strength & Conditioning Science

Perform Better were asked to consult on the project from the initial stages, having had extensive experience within the private education sector and specifically, providing complete installation solutions.



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WE ARE EXTREMELY PLEASED WITH THE FINAL OUTCOME OF THE PROJECT AND PUPILS HAVE BEEN REALLY ENTHUSIASTIC ABOUT THE SPACE THEY NOW HAVE TO TRAIN. IT WAS REALLY NICE TO HAVE A POINT OF REFERENCE TO DISCUSS IDEAS WITH AND WORKING ALONGSIDE SAM AT PERFORM BETTER MADE SUCH A LARGE PROJECT REDESIGN MANAGEABLE AND SEAMLESS.

James Earle – Head of Strength & Conditioning Science

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Culford

CASE STUDY
CULFORD SCHOOL

EQUIPMENT

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Plate Loaded Reverse Hyper Bench

GHD

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 Custom Markings