



PB
**PERFORM
BETTER**

sales@performbetter.co.uk

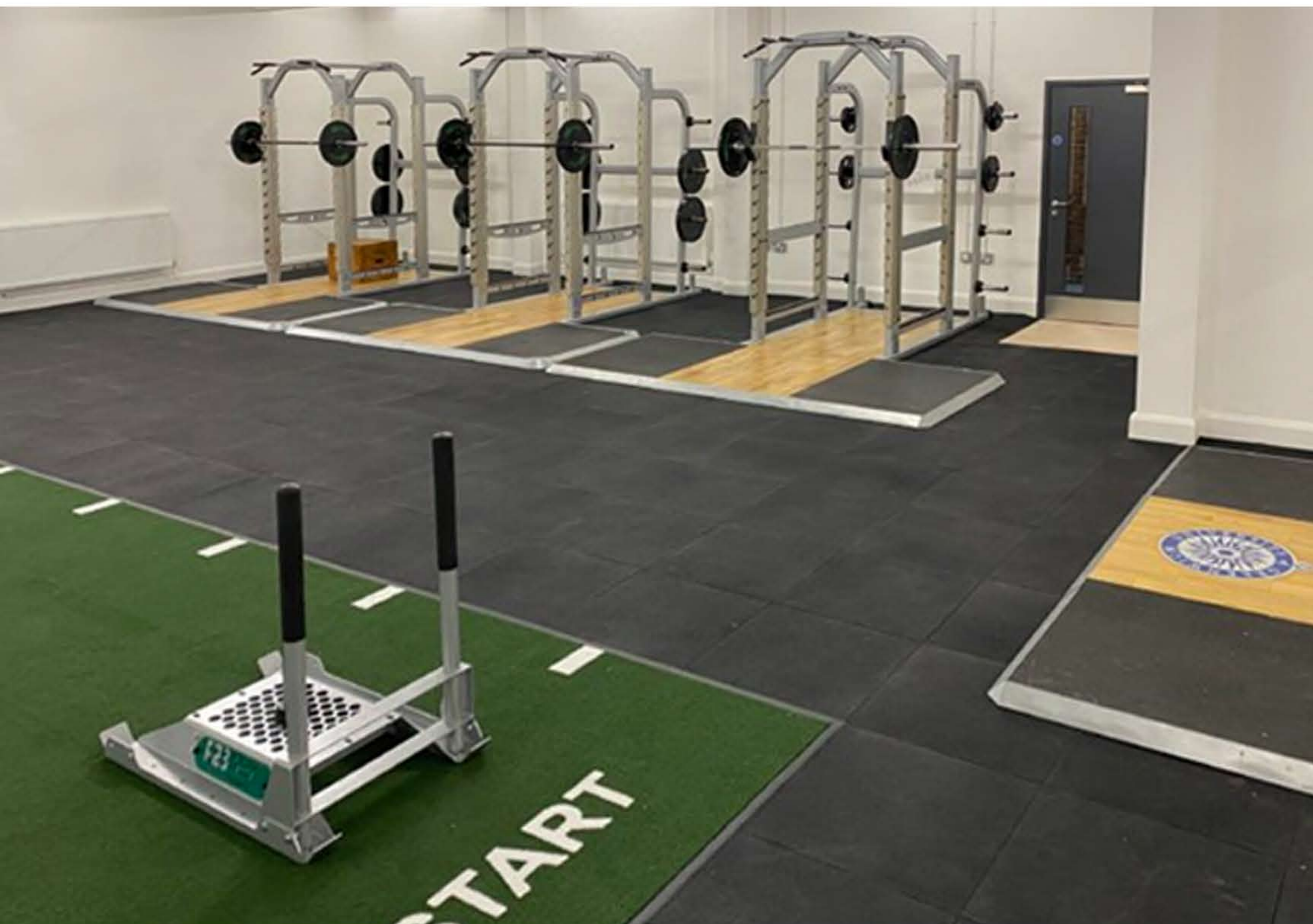
www.performbetter.co.uk

01926 813916

After an initial Install in the biomechanics lab in 2018, Perform Better were again selected to install a new Strength & Conditioning gym at the university as part of a multi-phase project to expand the sports facilities at the Sparrows Farm site.

Providing a high quality performance space for the students and staff that was versatile and maximised the available space was the priority.

The installation comprises of two new performance power racks with mounted platforms, independent lifting platforms, 32mm Duratrain flooring and a custom heavy duty turf track. Perform Better also worked with the university by helping utilise their existing equipment and transporting it into the new facility.



CASE STUDY UNIVERSITY OF GREENWICH

EQUIPMENT

Performance Power Rack

Bespoke Lifting Platforms

Mounted Power Racks

Duratrain Flooring

Turf Track

Olympic Discs

Olympic Bars

Mini Prowler

Stackable Technique Boxes

Mid Thigh Pull Rack

