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HARTPURY

CASE STUDY HARTPURY COLLEGE

EQUIPMENT

Performance Power Racks Prone Row Benches Performance Half Racks Performance Squat Stands Custom Oak Insert Platforms Elite Bars, Hex Bars **Dumbbells and Racks Adjustable Benches**

Plyometric Boxes

Lifting Chains, Plyometric Cubes

Olympic Discs, 30kg Strongman Log

Acitvio 20 Belt System

Ithlete Team System for 20 Players

Optojump Next Jump System

Prowler Sleds, Micro FET2

Specialist Flooring

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THE GYM HAS ENHANCED OUR REPUTATION AS A UNIVERSITY, BUT ALSO WITHIN OUR S&C DEPARTMENT IT HAS ENHANCED OUR TEACHING AND WE HAVE SEEN A HUGE INCREASE IN STUDENT ENGAGEMENT.

Ben Drury - Programme Manager, Sports Conditioning & Injury Management, and Lecturer in Strength and Conditioning.

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Hartpury College is a further education college and associate faculty of the University of the West of England. Hartpury got in touch with us to discuss the expansion of their sport education facility. We worked with them to install and fit a brand new teaching facility. With one of the best S&C courses being taught at the college, a new facility only enhanced this.

The facility was designed to give lecturers more of an ability to teach new concepts in which they may have been restricted previously, with the amount of equipment within the gym it allows all students to work at the same time.

Another fundamental area of the project was the Monitoring and Testing Equipment. Hartpury invested in Optojump, Activio and iThlete, as a result the students are able to use the same equipment that is currently in the professional sports industry during their studies.