

The client was building a new house and included a Pod at the bottom of the garden for their home gym.

Having worked with Perform Better on previous projects the client was keen to work with them again for his home gym and worked with the PB design team to finalise the layout.

Perform Better worked closely with the client to turn their garden pod into a functional home gym.

Duratrain Performance Flooring was laid across the whole pod and a Performance Half Rack, Olympic discs and bars, dumbbells and adjustable bench were installed.



“ HAVING WORKED WITH PERFORM BETTER ON A NUMBER OF PROJECTS I HAVE BEEN INVOLVED IN- I HAD NO HESITATION IN ASKING THEM TO DESIGN AND FIT OUT MY HOME GYM WITH FLOORING AND EQUIPMENT. THEY HELPED ME TO DESIGN THE SPACE AND THE INSTALLATION WAS CARRIED OUT VERY PROFESSIONALLY. ”

**PB**  
**PERFORM**  
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## CASE STUDY HARROGATE HOME GYM

### EQUIPMENT

Performance Half Rack

Olympic Discs

Bars

Dumbbells

Adjustable Bench

Duratrain Flooring