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Established in 2009 by a group of NHS clinicians, Healthshare Group are a clinically led team who strive to improve NHS care. Through innovation and in partnership with patients, GPs and hospitals they have grown to be one of the largest providers nationally of integrated community-based care working with the NHS, helping to bring high-quality care closer to people.

In 2022 Healthshare opened their latest facility- the Winchester Clinic- the facilities included a large rehab gym area and Perform Better were approached to fully equip the new facility. The PB design team worked with the Healthshare Clinical team to design the layout of the room which was designed to cater for rehab programmes for a wide selection of patients from elderly through to professional sports people.



## CASE STUDY HEALTHSHARE WINCHESTER CLINIC

Performance Half Rack and  
Integrated Platform  
Adjustable Bench  
Olympic Bar and Discs  
Dumbbell Set  
Multi Pulley  
Leg Extension  
Leg Curl and Leg Press  
Seated Calf  
Hip Thruster  
Foam Plyometric Boxes  
Wattbike Pro  
Spirit Treadmill

