



With PB having equipped the 1st team and Academy gyms at the Club's Thorp Arch training facility when the Club decided to set up a gym at Elland Road stadium for the Club's 100 administration staff they asked us again to equip the new facility.

A space was found under the East Stand that allowed the Club to build new changing rooms and have sufficient space to provide a 15 station facility. The PB design team worked with the Club's Performance department to select the equipment- which was a mix of new and reconditioned equipment- and also design the new facility.



PB

**PERFORM
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CASE STUDY LEEDS UNITED FC STAFF GYM FACILITY

EQUIPMENT

Power Rack x2

Olympic Discs and Bars

Adjustable Benches x3

Dumbbell Set

Dual Adjustable Pulley

Spirit Treadmill x2

Spirit Bikes x2

Concept 2 Rower

Spin Bikes x3

Lifefitness Cross Trainers x2