



The team at Light Blue were opening a new, multi-disciplinary treatment facility nearby to their existing Cambridge clinic, in the area of Girton. The team provide strength and conditioning services as part of their treatment offering and needed to maximize the space, they had to allow them to delivery to both multiple 1-2-1 clients and group sessions.

As well as delivering on the functional and performance demands of the team, the installation had to be in keeping with the aesthetic of the rest of the clinic.

Perform Better were asked to consult on the project because of their experience and track record of providing turnkey solutions in a high-performance environment.



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MANY THANKS TO PERFORM BETTER FOR DELIVERING A STATE OF ART TRAINING AREA.

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Gosia Bieniek - Performance Director

PB
PERFORM
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LIGHT BLUE CLINIC
Strength & Conditioning | Sports Osteopathy | Wellbeing

CASE STUDY LIGHT BLUE CLINIC MULTI-DISCIPLINARY TREATMENT FACILITY

EQUIPMENT

Half Racks With Modified Pull
Up Bars
EnduraTile 30mm Impact Tiles
Concept2 Cardio Equipment
Specialty Bars
Hex Dumbbells
PB Kettlebells
Rubber Bumper Discs