

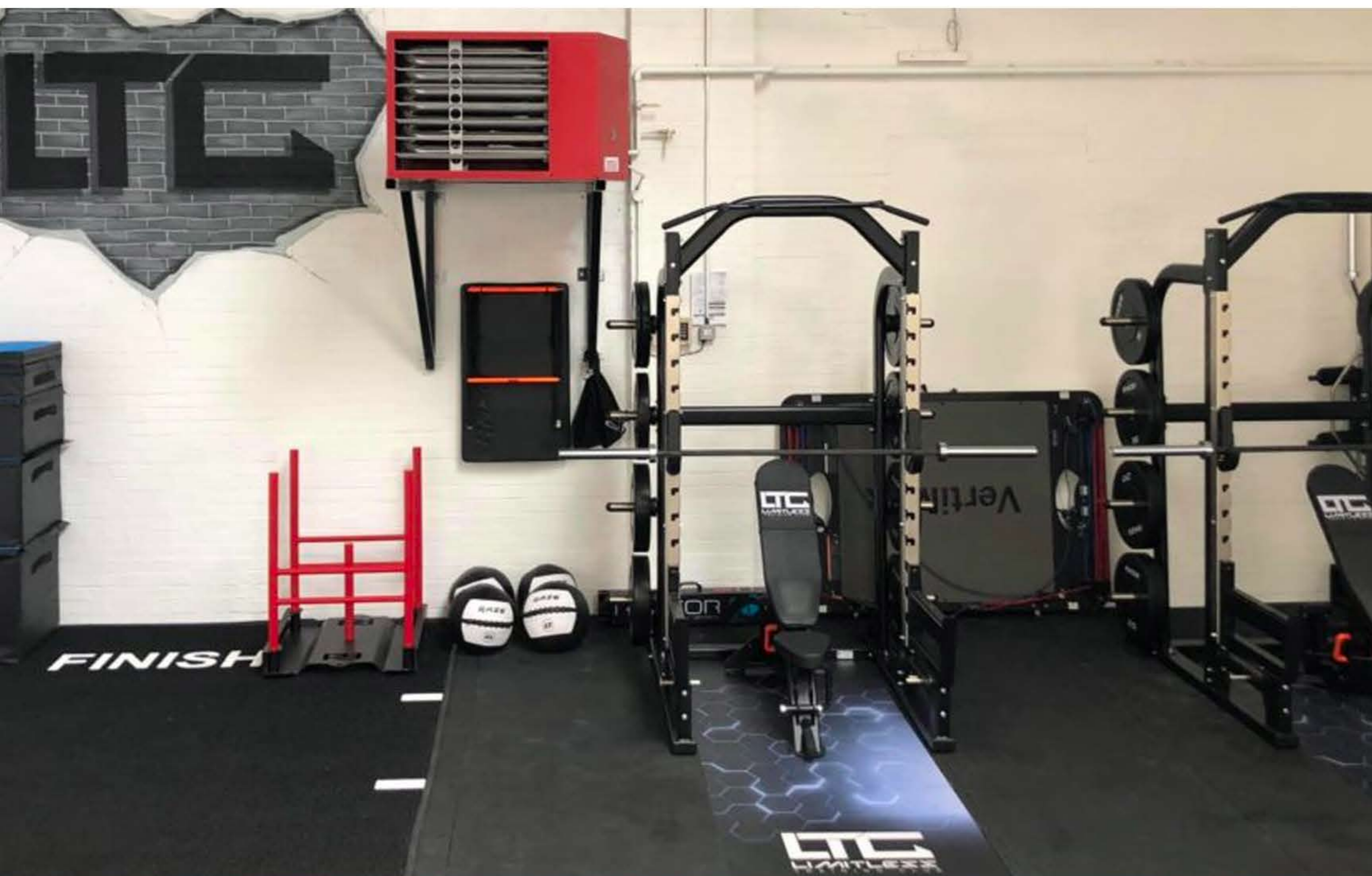


Limitless Training Club is a private gym specialising in sports performance, injury prevention & recovery in Kettering.

When creating their new facility they chose Perform Better to design and install the bespoke gym.

Limitless Training club focuses on functional training and sports performance, and chose Perform Better to design and install their new performance facility at Kettering Rugby Club.

It is a stylish and packed out new facility. Perform Better created a bespoke, branded facility with cutting edge and elite equipment.



# PB

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BETTER**

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**LIMITLESS**  
TRAINING CLUB

## CASE STUDY LIMITLESS TRAINING CLUB

### EQUIPMENT

VertiMax V8

Wattbikes

Kettlebells

Foam Plyometric Boxes

Black Olympic Bumper Plates

Range of Bars

Customised Adjustable Benches

Performance Half Racks

Concept2 SkiErg

Adjustable Glute Ham Bench

Adjustable Prone Row Bench

Slam Balls

Hex Dumbbells

Double Conditioning Prowler