

WE WANTED TO DEVELOP A GYM TO ENHANCE THE ATHLETIC PERFORMANCE OF OUR STUDENT ATHLETES. PERFORM BETTER PROVIDED IDEAS AND SOLUTIONS ON HOW TO CREATE A SPACE TO OUR EXACTING NEEDS. ALWAYS AVAILABLE ON THE PHONE AND ALWAYS HELPFUL I CAN'T BUT RECOMMEND THEM. THEY HAVE HELPED US TRANSFORM A ONCE TIRED OLD GYM INTO SOMETHING WE ARE SO PROUD OF. WE HAVE AN AMAZING PERFORMANCE GYM THAT IS THE ENVY OF MANY OF OUR PROFESSIONAL PARTNERS. WE ARE CERTAIN THAT THE EQUIPMENT AND DESIGN WILL HELP US TO PRODUCE SPORTING ATHLETES FOR YEARS TO COME. THANKS TO THE PERFORM BETTER TEAM.

Lewis Pendleton, Director of Sport



Park View Academy of Sport was established as a new campus for Park View School in 2017. The campus, which is based at the Riverside Chester-Le-Street, provides world-class sporting facilities which house aspiring sportsmen and women. The Academy currently offer Development Centres in the following sports: Men's Football, Women's Football, Rugby, Cricket, Netball and Rowing. The Park View Football Academy are formally part of the Huddersfield Town Academy structure. This partnership provides pathways for 16 to 19-year-old footballers to represent Huddersfield Town in National League structures. The Football Academy provides students with the platform to develop their technical, tactical, physical, and psychological aspects of their game, allowing players to develop their game intelligence.



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## CASE STUDY

PARK VIEW ACADEMY OF SPORT

## EQUIPMENT

Standard Half Racks x 4 Standard Power Racks x 3 Adjustable Bench x 5 Leg Extension/Leg Curl **Recumbent Leg Press Dual Adjustable Pulley Prone Row Bench Hip Thruster** PB Discs and Bars K Box Inertial System **Vertimax Raptor** Pasco Force Plates **Blazepod Reaction System** Flex by Gymaware Concept 2 Rower x 2 Concept 2 Skierg x 2 Concept 2 Bike x 2