I CONTACTED PERFORM BETTER ASKING FOR GUIDANCE AND ADVICE.
THEY EXCEEDED MY EXPECTATIONS AND WERE EXTREMELY HELPFUL
AND KNOWLEDGEABLE THROUGHOUT THE PROCESS. FROM CHOOSING
THE CORRECT EQUIPMENT, TO FITTING, TO FOLLOWING UP AND
ENSURING I WAS SATISFIED WITH THE GYM. PERFORM BETTER ARE A
PROFESSIONAL AND HELPFUL COMPANY AND I CAN'T RECOMMEND
THEM ENOUGH.

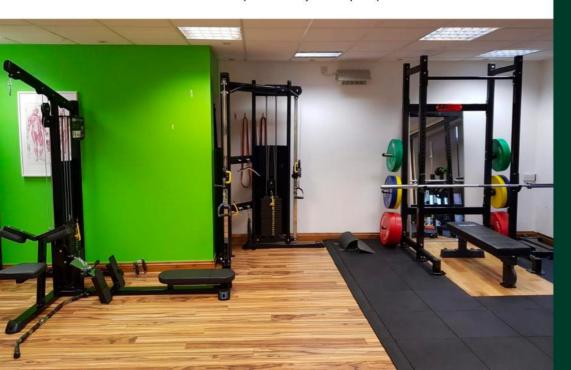
Jamie Routledge - Owner.



With a change of ownership at Peak Fitness, the management team wanted to continue to evolve the facility allowing them to expand on what they can deliver in their 1-2-1 sessions.

Perform Better provided two separate flooring solutions, one for a functional training/cardio space and another other impact tile area with inset platforms to allow a greater range of barbell movements, especially Olympic lifting.

There was a joint decision made to install these areas as "islands" leaving some of the original wooden flooring exposed to ensure the original feel and character of the gym was preserved. They have also modernised their machine weight offering with a space saving cable low row/pull down and compact dual adjustable pulley.





sales@performbetter.co.uk www.performbetter.co.uk 01926 813916



CASE STUDY PEAK FITNESS

EQUIPMENT

Standard Half Rack Renegade Curved Treadmill Compact Dual Adjustable Pulley Lat Pull Down/Low Row Specialist Flooring Customised Lifting Platform Olympic Bumper Plates Range of Bars