

CASE STUDY

POP UP FACILITY FOR PREMIER LEAGUE CLUB

LOCATION: FRANCE

EQUIPMENT

- Performance Half Racks with Smith x4
- Adjustable Bench x4
- Suite of Olympic Barbells
- Suite of Olympic Weight Plates
- PB Branded Dumbbells
- Dumbbell Storage Rack x4
- Glute Ham Raise
- Plyometric Boxes
- Seated Knee Extension
- Mini Hurdles
- Smart Hurdles
- Medicine Balls
- Keiser M3 Indoor Spin Bike x15
- Flowin x2
- Seated Calf Machine
- Airex Pads x4
- Team Icebath x2
- Flooring

Perform Better UK was selected by a leading Premiership football club to design, supply and install a fully equipped temporary high-performance training facility abroad to support the team's pre-season preparations. The project required meticulous planning and a flexible approach to ensure the gym was operational within a demanding timeframe. Our ability to deliver bespoke performance environments, combined with extensive experience working with elite sport, gave the club complete confidence that every aspect of the facility would meet the standards expected at the highest level of professional football.

By delivering a bespoke temporary facility that mirrored the standards of an elite performance centre, Perform Better UK enabled the club to maintain continuity throughout its pre-season programme. The project demonstrates our commitment to providing innovative, high-quality training environments that support elite athletes wherever they are required, whether in permanent performance centres or temporary training camps around the world.

