

CASE STUDY

GOLFTIME PERFORMANCE FACILITY - TRÓIA

TROIA GOLF

Located on Portugal's stunning Tróia Peninsula, Golftime Tróia is a premier golf performance and training destination, offering golfers and travelling sports teams an exceptional environment in which to develop their respective game. Set alongside the renowned Tróia Golf Course, the facility combines world-class coaching with outstanding practice amenities in one of Europe's most picturesque sporting locations.

Perform Better UK was selected to design, supply and install the new high-performance training facility for Golftime in Tróia, Portugal, thanks to our reputation for delivering premium strength and conditioning environments that combine performance, durability and exceptional design. This, combined with Perform Better UK's ability to manage every stage of the project—from consultation and gym design through to equipment supply, installation and commissioning—gave Golftime confidence that the facility would be delivered on time, on budget and to the highest standard.

The project required a facility capable of supporting athletes of all abilities with equipment that would enhance strength, power, mobility and injury prevention. Our team worked closely with the client to create a bespoke solution that maximised the available space while maintaining a modern, professional aesthetic synonymous with elite performance centres.

The facility features carefully selected strength equipment, functional training zones and conditioning areas, creating a versatile environment that supports both individual training and coach-led sessions. Every aspect of the gym was designed to optimise athlete development while providing an outstanding user experience.

The completed gym now provides Golftime with a world-class performance space that reflects its commitment to excellence and athlete development, reinforcing Perform Better UK's reputation as a trusted partner for high-performance training facilities across the UK and Europe.

