



PB

**PERFORM
BETTER**

sales@performbetter.co.uk

www.performbetter.co.uk

01926 813916

“ FOLLOWING A RIGOROUS TENDER PROCESS, PERFORM BETTER WERE DEEMED BEST PLACED TO BRING OUR MULTI-SPACE PLANS TO LIFE. THROUGHOUT DESIGN AND INSTALL PERFORM BETTER WERE A PLEASURE TO WORK WITH - THEY HAVE CONSISTENTLY DELIVERED A PROFESSIONAL, HONEST AND TAILORED SERVICE. THEY HAVE ALSO PROVIDED US WITH A THOROUGH AFTER-CARE SERVICE, INCLUDING TRAINING, GUEST LECTURE AND CPD SESSIONS. WE NOW HAVE A FANTASTIC, STATE OF THE ART HIGH PERFORMANCE FACILITY AND COMMERCIAL GYM SPACE. ”

Dr Eoin Murray, Head of Sport Department



CASE STUDY

UNIVERSITY ACADEMY 93 - HIGH PERFORMANCE HUB

EQUIPMENT

Elite Power Racks x 4
Elite Half Rack x 2
Performance Squat Stands x 4
Adjustable Benches x 7
Glute Ham Bench x 2
Branded Foam Plyo Boxes
Olympic Bars and Discs
Ancore Units x 4
Mid-Thigh Pull Rack
Bespoke Med Ball Wall x 2
Bespoke Storage Systems
Insert Lifting Platforms
Duratrain Performance Flooring
Mondo Sprint Track

We are immensely proud that Perform Better were again selected to design and equip the two new facilities which was a combined space of over 500sqm- our design team worked closely with the UA92 Sports academics to ensure that the space was fully maximised as both a teaching and training facility for both able bodied and disabled athletes and students.

A number of bespoke equipment designs were included in the facility such as two Performance Medicine Ball Walls, Isometric Pull Testing Systems and Ancore Trainers built into the Elite Power Racks, Kistler Force Plate Housings in the Mondo Sprint Track.