

VALLENCIENNES FC



EQUIPMENT

- Squat Rack
- Leg Extension/Leg Curl
- k Box x 2
- k Pulley
- Olympic Bar and Discs
- Dumbbell Set
- Keiser M3 bikes
- Wattbikes
- Ski Erg
- Treadmill
- Assault bikes

Vallenciennes FC was founded in 2013 and has spent 40 seasons in League 1 since then but recently were relegated Championnat National- the third tier of French Football.

In 2023 the London based sports investment company and majority shareholder in Southampton FC and Turkish Club-Goztepe- Sport Republic purchased the Club. The new owners made the decision to invest in the Club's training ground and refurbish the Strength and Conditioning facility- with PB having fully equipped Southampton's new Gym last year they were selected to re-equip the facility. New strength pieces were added including a Squat rack, Leg Extension/Curl, Dumbbell Set, Olympic discs and bars complemented by k boxes and k Pulley Exxentric devices and CV pieces- Treadmill, Ski Erg and Wattbikes.

