

PERFORM BETTER

sales@performbetter.co.uk www.performbetter.co.uk

Having equipped two previous facilities for York St John University, Perform Better were again selected to equip the new facility.

York St John University recently completed their £7m Sports Development at the Haxby Road Campus. The new facility includes a sports hall, 3G football pitch, teaching rooms and a Strength and Conditioning facility.

The new facility includes: sports hall, 3G football pitch, teaching rooms and a strength and conditioning facility – which Perform Better designed in conjunction with the University and our specialist team installed to the highest standard.



YORK Est. **ST JOHN** 1841 UNIVERSITY

01926 813916





Power Racks

Platforms

PERFORM BETTER PROVIDED AN OUTSTANDING SERVICE, FROM EXPERT **ADVICE ON GYM DESIGN TO PROFESSIONAL AND COMPETENT INSTALLATION OF EQUIPMENT. THIS SERVICE EXTENDED TO** ACCOMMODATING BESPOKE REQUIREMENTS FOR FACILITY, WHICH **ENSURED IT WAS BOTH FIT FOR PURPOSE AND OF A CONTEMPORARY** DESIGN. I WOULD NOT HESITATE RECOMMENDING THEIR SERVICES AND THE EQUIPMENT THEY SUPPLY" 77

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Dr Andreas Liefeith - Senior Lecturer in Biomechanics and Strength & Conditioning.

Benches

Olympic Discs and Bars

Dumbbell Set

Versapulley

GymAware

Witty Timing System

20m Sprint Track